



COLORADO CANCER COALITION

The Colorado Cancer Coalition is dedicated to coordinating cancer prevention, early detection, treatment, support, and research efforts to improve the quality of life for all Coloradans.

FEBRUARY 2010 | Volume 2, No. 1

the **CCC** Connection

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COLORADO CANCER COALITION UPDATES

Colorado Cancer Plan to Open for Public Comment Mar. 15

The Colorado Cancer Coalition will post draft chapters for the 2010-2015 *Colorado Cancer Plan* online for everyone to review and make comments and suggestions. It is pertinent for us to receive this feedback in order to make the plan as accurate and the goals as obtainable as possible. On March 15, each chapter will be available on a new user friendly website, www.coloradocancerplan.org, for three months. Then, the task forces of the Colorado Cancer Coalition will proceed to final development of the chapters based on these comments. The new plan will be launched on Friday, November 5, 2010. Please help spread the word to your contacts about this important opportunity.

Colorado Department of Health and Environment Opens New Fulfillment Center

CFPHE opened a new online resource fulfillment center to all CCC members. The resource center can be found at www.cohealthresources.org. It is a comprehensive one-stop-shop where you can browse and place orders for a variety of topics. Resources focus on healthy living choices including the promotion of chronic disease prevention and management. The materials are free of charge to all Colorado residents. Note that some items do have a quantity limitation. Please contact Shingo Sean Ishida at 303-692-2551 if you have any questions.

The Colorado Cancer Coalition Needs Your Assistance!

Each year the CCC aims to hold an annual meeting rotating sites throughout the state. This year the annual meeting will focus on the launch of the 2010-2015 *Colorado Cancer Plan*. We need your helping in planning and coordinating this meeting. It will be held on Friday, November 5, 2010 and the location will be in south Denver. Please contact Lynn Spencer 719-360-7175 or lspencer@cfphe.org to join the team.

The *CCC Connection* is the quarterly newsletter of the Colorado Cancer Coalition.

To subscribe, click “membership” at www.coloradocancercoalition.org.

E-mail comments and newsletter submissions to Sara Miller, Editor at smiller@cfphe.org.

TASK FORCE UPDATES

Health Disparities Task Force has a New Name

The Task Force is now the Health Equity Task Force. The task force is moving forward with the rationale that, “Health Equity is a new idea for most people but it is not hard to grasp. Tackling health inequities requires widening our lens to bring into view the ways in which jobs, working conditions, education, housing, social including and even political power influence individual and community health. When societal resources are distributed unequally by class, and by race population health will be distributed a long all aspects,” www.unnaturalcauses.org. Congratulations to the task force to bringing forth this latest information and perspective on health inequities.

EDUCATION & TRAINING

SURVIVORSHIP EDUCATION SERIES AT NO COST

The 8th Annual Cancer Survivorship Series: Living With, Through & Beyond Cancer



This Spring, CancerCare, in collaboration with the National Cancer Institute, LIVESTRONG, Intercultural Cancer Council, Living Beyond Breast Cancer and National Coalition for Cancer Survivorship, will present a four-part telephone workshop series, *The Eighth Annual Cancer Survivorship Series: Living With, Through & Beyond Cancer*.

This *free* series, made possible by support from the National Cancer Institute and LIVESTRONG, offers cancer survivors, their families, friends and health care professionals practical information to help them cope with concerns and issues that arise after treatment ends. We are very excited to offer this program to you.

Part I, which takes place on Tuesday, April 13, is entitled, **Trouble Sleeping? Sleep Better to Feel Better: Tips You Can Use**. The faculty for this program includes Elizabeth D. McKinley, MD, MPH, Assistant Professor of Medicine, Dean, Emily Blackwell Society, Case School of Medicine, Case Western Reserve University; Sonia Ancoli-Israel, PhD, Director, Gillin Sleep and Chronomedicine Research Center, Department of Psychiatry, Professor of Psychiatry, University of California San Diego; and Stewart B. Fleishman, MD, Director, Supportive Services, Continuum Cancer Centers of New York, Beth Israel Medical Center, St. Luke's-Roosevelt Hospital.

Part II, Communicating with Your Health Care Team After Treatment: Making the Most of Your Visit, will take place on May 18. **Part III, Survivorship and Workplace Transitions**, will take place on June 22. And **Part IV, Survivors Too: Communicating With and Among Family, Friends and Loved Ones**, will take place on July 13. All of the workshops take place from 1:30 to 2:30 p.m. Eastern Time.

These workshops are free—no phone charges apply. However, pre-registration is required. To register simply go to the CancerCare website, www.cancercare.org/connect.



IN THE PINK

We are pleased that the Colorado Cancer Coalition has been chosen to be a part of this year's Highlands Ranch Community Association (HRCA) "In the Pink" Fashion Show and Champagne Luncheon which will be held on Saturday, March 20, 2010.

Funds raised at this event will assist in providing the much needed services for women suffering from cancer. The CCC programs that will benefit from this fundraiser are Colorado Breast and Women's Reproductive Cancers Fund and the Breast Cancer Resources Directory.

YOU CAN HELP WOMEN AND THEIR CAREGIVERS TOO! We need 75 bags filled with goodies to sell at this event. We already have cancer survivors ready to put these bags together and volunteer their time at the luncheon. Please consider our request for those many women touched by this disease. Contact Lynn Spencer, Program Director for questions, 719-360-7175, or <http://bit.ly/inthepink>.

5280 MAGAZINE DENVER'S FIFTY MOST INFLUENTIAL PEOPLE

In January, Michele Ostrander, Executive Director of the Denver Affiliate of Susan G. Komen for the Cure®, was recently named one of Denver's "Fifty Most Influential People" by *5280 Magazine*. It had been five years since the magazine ranked Denver's most powerful people.

Ostrander is in some pretty lofty company. The list includes Denver Mayor John Hickenlooper, U.S. Congresswoman Diana DeGette and Denver Nuggets' Carmelo Anthony. According to *5280*, "Lance Armstrong may have coined the word 'Livestrong,' but in Denver it's Ostrander—and the thousands of volunteers she and her team turn out each year to raise funds for the fight against breast cancer—who truly embodies that ethos."

PARTNER HIGHLIGHT: *Women's Lobby of Colorado*

I can't help but remember my bout with colon cancer, which takes the lives of 1/3 of the women it infects. Since then I have made it point to learn about ways to reduce the risk of ever getting cancer again. Now I have learned that the shampoos, lotions and other personal care products I use can legally contain carcinogens and toxins that affect women's reproductive health. I was stunned. While the scientific community has painstakingly identified known and possible carcinogens and endocrine-disruptors, nothing prevents manufacturers from using them as ingredients in cosmetics such as personal care products.

The Women's Lobby of Colorado has made a commitment to educate Coloradans and policy makers about toxic chemicals in our everyday cosmetic products to ensure that we have the right to products that are not a health risk for us. It is unacceptable that 1 in 7 women will get breast cancer in her lifetime. In addition to



finding a cure and encouraging early detection, it is imperative that we work to eliminate ways in which it is caused.

The Women's Lobby has partnered with the Campaign for Safe Cosmetics and is pursuing legislation in 2010 that will make personal care products safer for everyone in Colorado. We have begun to take action by educating people across Colorado about the toxins in personal care products:

Our safe cosmetics campaign has not been our only accomplishment. We increased our presence at the State Capitol and supported 10 pieces of legislation that directly affect women. Lobbied bills include the Parental involvement bill, tuition equity bill, and the Paid sick days bill. You can read more about these bills by clicking here and checking out our legislative score card.

For more information on how to get involved contact Chaer Robert, Board Member of the Women's Lobby of Colorado, (303) 592-3988 or visit www.coloradowomenslobby.org.

COLORADO BREAST AND WOMEN'S REPRODUCTIVE CANCERS (BWRC) FUND

Don't Forget To Check YES on Your Income Tax Form!



The *Colorado BWRC Fund* is a voluntary check-off program on line 38 of the Colorado Income Tax Form. Your donation will help with these important needs: to help reduce mortality from breast and women's reproductive cancers by improving early detection and expanding existing education, screening, treatment, and quality of life services throughout Colorado. The BWRC Fund focuses on addressing the significant screening, treatment, and survivorship needs for specific populations who currently do not qualify for existing services.

Donations to the BWRC Fund help support education initiatives and a competitive grants program administered by the Colorado Cancer Coalition in collaboration with many other partners across the state. Funding for 2010 grant recipients will be announced **week of 2/22/2010**.

For more background information, visit the following websites:

- Colorado Cancer Coalition: www.coloradocancercoalition.org
- BWRC Fund: www.coloradocancercheckoff.org (note: this site is currently being updated at the time of publication of the RFA).

Direct all inquiries to Wendy Newman, BWRC Fund Project Director, 720-289-6015 or by email: wendy.newman@yahoo.com.

YOUR TAX DOLLARS AT WORK:

Klose Lymphedema Care is a fortunate grant recipient of the *Breast and Women's Reproductive Cancer Fund*

Klose Lymphedema Care (KLC) is a full service, outpatient clinic that serves patients with lymphedema. Lymphedema is swelling as a result of abnormal accumulation of protein rich fluid. Risk factors for lymphedema include surgery with lymph node removal, radiation therapy, obesity and trauma to the lymphatic system. Recent studies have shown that a patient's quality of life can be significantly affected when lymphedema is not treated and managed. Treatment typically includes a massage called Manual Lymphatic Drainage, exercise, skin care and compression garments.

At KLC, our therapists specialize in the treatment of lymphedema related to cancer diagnosis and treatment. With a scheduled visit to our clinic in Lafayette, CO, you could expect a lymphedema evaluation, recommendations for treatment, and measuring and fitting for compression garments as appropriate. While we accept most insurance plans for the treatment of lymphedema, many plans do not cover the compression garments necessary for long term management of lymphedema.

The grant award from the BWRC Fund assisted patients with breast, ovarian, uterine and vaginal cancers to obtain compression garments for the arms, legs or chest. Garments allow patients to independently manage lymphedema on a long-term basis, decrease the risk of the progression of lymphedema and reduce symptoms associated with lymphedema. The grant has helped 36 patients with lymphedema receive over 50 compression garments for day or night time wear. These patients have expressed their gratitude at decreasing the financial burden associated with cancer treatment and have reported that they otherwise may have been unable to successfully treat their lymphedema.

As part of our responsibility to educate people about lymphedema we are hosting our second annual Lymphedema Awareness Day on March 6, 2010. This is a free event intended to allow patients, caregivers and clinicians the opportunity to network and learn about lymphedema. Contact KLC at 303-245-0333 or at ct@klosetraining.com.

2010 Colorado Breast Cancer Resources Directory is Available

The printed edition of the 2010 Colorado Breast Cancer Resources Directory is now available for distribution in English and Spanish. The Directory, which has been updated and expanded this year, includes a wide variety of valuable information and resources across Colorado for the newly diagnosed, as well as for providers and caregivers.

Much of the work to create this Directory is done by Colorado Breast Cancer Task Force volunteers and a few professionals who provide their services at discounted rates. The cost to produce each Directory is approximately \$3 per copy. Funding has become more difficult to find in recent years, so we are requesting a donation from organizations and businesses that distribute the Directory to their clients. If you order copies, please consider a donation to the Colorado Cancer Coalition.

Thank you to Pat Patterson, volunteer editor; Kim Wright, graphic designer; and Lynn Spencer, project manager for all their efforts in putting together a great edition, as well as the many volunteers who helped research and update resources, write articles, and proofread. Our appreciation also goes to sponsors Susan G. Komen for the Cure - Denver Affiliate, Exempla Healthcare, Foothills Surgical Associates, Women's Wellness Connection and American Cancer Society for their support.

To order copies, please go to www.breastcancercolorado.org and click the link on the Home Page to place an online order.

how can you assist coloradans in applying for public health insurance?

Statewide Outreach Conferences 2010 from the Colorado Department of Public Health and Environment

LOCATIONS AND DATES:

Denver February 18-19

Grand Junction February 24-25

Lamar March 3-4

Greeley March 17-18

Colorado Springs March 30-31

CONFERENCE TOPICS INCLUDE: Department updates, introduction to Family Medicaid and CHP+, Certified Application Assistance and PE site application process, and the public health insurance application process, the enrollment and redetermination process, the Add-a-Baby process, an introduction to Single Purpose Application (SPA) assistance, overview of PEAK, the Breast Cervical Prevention (BCCP) program overview and public forums about two of the program in the Colorado Health Care Affordability Act and the Medicaid Buy-In Program for People with Disabilities and the Adults without Dependent Children expansion populations. CBMS technical training will not be offered at these conferences; CBMS user training will be spring 2010. For more information, please email outreach@hcpf.state.co.us.



FOR ALL CCC MEETINGS AND EVENTS please visit www.coloradocancercoalition.org.

5th Annual CO-CNP Latino Cancer Summit
April 23, 2010 • PPA Event Center (2105 Decatur St.)

To RSVP or for questions please contact Suzell Klein at 303-352-3705 or suzell.klein@ucdenver.edu.

National Women's Health Week
May 9-15, 2010

The Office on Women's Health Region VII invites you to begin planning events and celebrations. Please visit their website at www.womenshealth.gov/whw to learn more.

Colorado Ovarian Cancer Alliance
Ovarian Cancer Race for Awareness
June 5, 2010 • Denver's City Park (Pavilions)

5k Run/Walk and 1k family walk for ovarian cancer awareness, presented by Cancer Treatment Centers of America. Check out www.firstgiving.org/atealribbonevent for more info, to register, or set up a team.

The Undy 500 is Back!
June 26, 2010 • Denver's City Park

Colon Cancer is the second-leading cause of cancer deaths in Colorado and it does not have to be. Local proceeds in 2009 benefitted the Colorado Colorectal Screening Program. For sponsorship opportunities or more information contact, Serena Sampat at 720-883-7230 or ssampat@rmgaccolorad.com.