



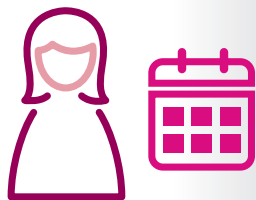
New Breast Cancer Screening Guideline

for women with average risk



AGE 40

Talk with your doctor about when to begin screening. **Women should have the opportunity to begin screening** if they choose.



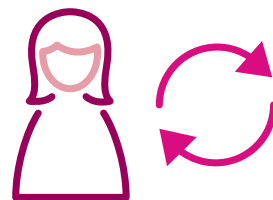
AGE 45

Begin **yearly mammograms** by age 45.



AGE 55

Transition to mammograms **every other year** at age 55 or continue with annual mammography, depending on your preferences.



AGE 55 +

Continue to have regular mammograms for as long as you're in good health.

[LEARN MORE ABOUT BREAST CANCER SCREENING](#)