

COLORADO CANCER COALITION



2018 YEAR-IN-REVIEW

COLORADO CANCER COALITION

The Colorado Cancer Coalition (CCC) is a statewide collaborative of health care providers, public health professionals, caregivers, researchers, cancer survivors, cancer center staff, volunteers and many others working to eliminate the burden of cancer in Colorado. The CCC offers access to resources, expertise, and non-competitive collaboration. Through this collaboration we hope to have an even bigger impact in cancer prevention, early detection, treatment and quality of life.

This past year, CCC Task Forces and partners across the state successfully worked together to implement strategies from the Colorado Cancer Plan to reduce the impact that cancer has in Colorado. We’ve made great progress and look forward to continuing these collaborative efforts.



Learn more about the Colorado Cancer Plan at www.coloradocancercoalition.org/colorado-cancer-plan.

2018 TASK FORCES

Colorectal Cancer.....	6
Family History and Inherited Cancers.....	8
HPV Vaccination	10
Lung Cancer	12
Patient Navigation	14
Screening Coordination	16
Skin Cancer.....	18
Survivorship+Palliative Care.....	20

COLORADO CANCER COALITION BY THE NUMBERS

70
Task Force
Meetings


10
Leadership
Meetings

7
Steering
Committee
Meetings


3
Quarterly
Meetings



 **20,757**
Facebook impressions

 **33,163**
Twitter Impressions

 **\$72,265** Raised through the
Colorado Cancer Fund

 **1,077+** Volunteer hours



Live outside metro Denver? All Task Forces provide remote capability either via phone or Zoom technology to allow for statewide participation in their Task Force meetings.

COLORADO CANCER FUND



\$81,163
in funds
distributed



25
applications
received



18
projects
funded



PROJECT ANGEL HEART, A COLORADO CANCER FUND GRANTEE, PREPARES A MEDICALLY TAILORED MEAL.

The Colorado Cancer Fund, a program of the Colorado Cancer Coalition, is a voluntary check-off program on the Colorado State Income Tax Form. The goal of the Colorado Cancer Fund is to help reduce mortality from cancer by improving early detection and expanding existing education, screening and quality of life services throughout Colorado for populations who are currently underserved.

In 2018, the Colorado Cancer Fund review committee selected 18 applications to fund for the 2018-2019 grant cycle. By collaborating with the Colorado Department of Public Health and Environment's Comprehensive Cancer Control Program, additional funds were leveraged allowing 18 projects to receive funding. A total of \$81,163 was distributed through the following organizations to implement Colorado Cancer Plan goals and objectives.

- HPV Vaccination: Primary Care Motivational Interview Training*
- Preventing Skin Cancer in Western Colorado
- ¡Vivir! A Retreat for Latino Cancer Survivors and Their Caregivers
- Financial Assistance for cancer patients*
- Improving Patient Navigators' Motivational Interviewing Skills
- Links of Care exploration for Colorectal Cancer Screening
- HPV Testing and Immunizations for Low Income Latinas and Latinos in metro Denver
- Home-delivered, medically tailored meals*
- HPV education in Latino and Immigrant community
- Encouraging health behaviors in American Indian Cancer Survivors
- Survivorship Planning
- ESCAPE - Enhancing Skin Cancer Awareness and Prevention efforts for Latinos
- Free cervical cancer screenings in Moffat county for women less than 100% FPL
- Palliative Care Service Awareness*
- Living Well with and Beyond Cancer workshops*
- Prostate Cancer Awareness and Detection in Huerfano County

*Funded by CDPHE's Comprehensive Cancer Control Program



BIDEN SUMMIT

WORKING BETTER TOGETHER

CCC PRIORITIZES COLLABORATION!

- In July 2018, the CCC collaborated with the Cancer Caucus of the Colorado State Legislature. Then candidate and current Lt. Governor Dianne Primavera and Representative Dafna Michaelson Jenet shared personal stories on their battles with cancer.
- In September 2018, the CCC hosted a Biden Community Summit with the Cancer Support Community, Cancer Caucus of the Colorado State Legislature, American Cancer Society, Colorado Department of Public Health and Environment, Colorado Colorectal Screening Program, and the University of Colorado Cancer Center.
- Every month the CCC worked closely with 9News to secure experts on various topics to answer phone lines for Buddy Check9 cancer awareness months.
- The HPV Task Force works closely with the HPV Free Colorado Alliance and hold joint quarterly meetings as well as collaborate on projects.

2018 COLORADO CANCER COALITION LEADERSHIP

2018 CCC LEADERSHIP

- Chair: Dr. Paula Marchionda, Marchionda Imaginative Medicine Institute
- Vice Chair: Dr. Debra Dyer, National Jewish Health
- Past Chair: Dr. Madeleine Kane, University of Colorado Anschutz Medical Campus & Denver Health
- Colorado Department of Public Health and Environment (CDPHE) Representative: Krystal Morwood, CDPHE
- Cancer Outreach Specialist: Christi Cahill, CDPHE

2018 CCC STEERING COMMITTEE

- Pratibha Anand, Co-Chair, Skin Cancer Task Force, University of Colorado School of Medicine
- Amy LH Bayer, Chair, Breast Cancer Task Force, Kaiser Permanente
- Dr. Robert Dellavalle, Co-Chair, Skin Cancer Task Force, University of Colorado School of Medicine
- Ashley Doty, Co-Chair, Patient Navigation Task Force, American Cancer Society
- Dr. Jim Fenton, Co-Chair, Lung Cancer Task Force, National Jewish Health
- Emily Fields, Chair, Family History and Inherited Cancers Task Force, CDPHE
- Debra Hesse, Rural Representative, St. Mary's Medical Center
- Ian Kahn, Co-Chair, Colorectal Cancer Task Force, American Cancer Society
- Ryan Kerr, Co-Chair, Colorectal Cancer Task Force, Bioventus
- Alison Laevey, Co-Chair, Lung Cancer Task Force, emPOWERED Decisions
- Amy Pate, Co-Chair, Survivorship Task Force, University of Colorado
- Mary Phillips, Co-Chair, Ovarian Cancer Task Force, Colorado Ovarian Cancer Alliance
- Amber Rae, Co-Chair, Patient Navigation Task Force, UCHHealth
- Becky Selig, Co-Chair, Screening Coordination Committee, CDPHE
- Justin Tarr, Co-Chair, HPV Vaccination Task Force, CDPHE
- Chelsea Yost, Co-Chair, HPV Vaccination Task Force, Metro Community Provider Network

PAST CO-CHAIRS FROM 2018

- Cathy Bledsoe, Survivorship Task Force, One Health Insights
- Ron Brady, Patient Navigation Task Force, Colorado Ovarian Cancer Alliance Advocate
- Hania Flaten, Skin Cancer Task Force, University of Colorado School of Medicine
- Nicole Harty, Screening Coordination Committee, Colorado Colorectal Screening Program
- Nazanin Kuseh Kalani Yazd, Skin Cancer Task Force, University of Colorado School of Medicine
- Kirstin LeGrice, Patient Navigation Task Force, Colorado Colorectal Screening Program
- Westley Lighthall, Colorectal Cancer Task Force, CDPHE
- Morgan Nestingen, Patient Navigation Task Force, St. Anthony Hospital

Thank you to the CCC Leadership and the following organizations for participating in the Colorado Cancer Coalition.

COLORECTAL CANCER TASK FORCE

The mission of the Colorectal Cancer Task Force (CRC TF) is to decrease the incidence and mortality from colorectal cancer in Colorado. The primary goal of the Task Force is colorectal cancer prevention since colorectal cancer is a demonstrably preventable disease.

✿ 2018 HIGHLIGHTS

In 2018, the CRC TF worked on a number of collaborative projects and initiatives.

In February, the task force partnered with the American Cancer Society and University of Colorado Cancer Center's Colorado Colorectal Screening Program (now the Colorado Cancer Screening Program) for an '80 percent by 2018' Call to Action breakfast. Attendees from around the state learned about CRC screening rates in Colorado, screening modalities, available resources to help minimize barriers to screening and follow-up, and created action plans for them and/or their clinics to help increase screening rates.



March is CRC Awareness Month and the task force leads multiple initiatives to raise awareness including lighting buildings blue.

In the Spring, the task force helped build and launch the End Cancer Text Message Campaign to increase colorectal cancer screening rates in southeast Colorado.

The CRC TF Co-Chairs partnered with Scott Wilson from Molson Coors to present "The Personal and Financial Value of an Organized Colorectal Cancer Screening Program" to HR and wellness professionals from Colorado employers at the 2018 Colorado Culture of Health and Wellness Conference.

March is CRC Awareness Month. The CRC TF leads multiple initiatives to



raise awareness during the month of March including lighting buildings blue, securing a Governor's Proclamation, holding a candlelight vigil and supporting 9News Buddy Check 9.

And finally as we look towards 2019,

The CRC TF is currently working with the University of Colorado Cancer Center (UCCC) to pilot a Links of Care program which will connect uninsured and under-insured patients to free colonoscopies donated by partner health systems.

CANCER PLAN OBJECTIVES

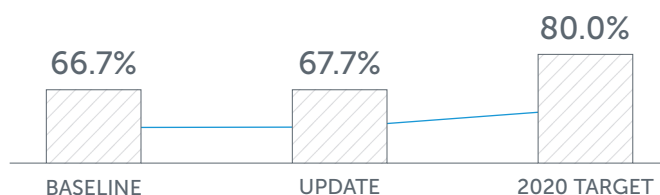
Objective 5.1

INCREASE HIGH-QUALITY, GUIDELINES-ADHERENT, CANCER SCREENING RATES AMONG AVERAGE RISK INDIVIDUALS

Men and women ages 50-75 who are adherent with colorectal cancer screening guidelines (FOBT in 1 year, Flexible Sigmoidoscopy in 5 years + FOBT in 3 years, or Colonoscopy in 10 years)

Baseline: 2014 BRFSS

Update: 2016 BRFSS



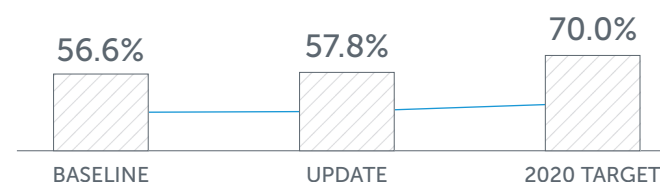
Objective 5.2

INCREASE HIGH-QUALITY, GUIDELINES-ADHERENT, CANCER SCREENING RATES AMONG TARGETED POPULATIONS

Men and women ages 50-75 in poverty (under 250% FPL) who are adherent with colorectal cancer screening guidelines

Baseline: 2014 BRFSS

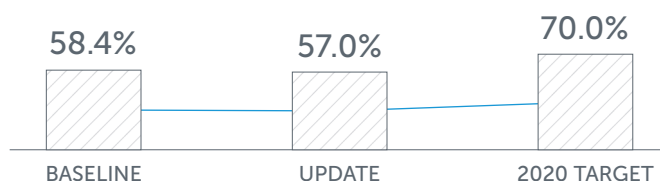
Update: 2016 BRFSS



Men and women ages 50-75 who live in rural or frontier counties who are adherent with colorectal cancer screening guidelines

Baseline: 2014 BRFSS

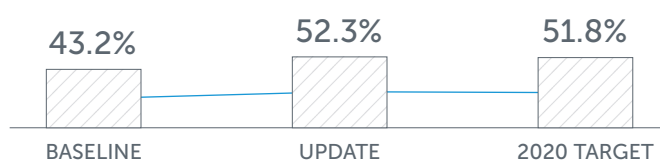
Update: 2016 BRFSS



Men and women ages 50-75 who have Medicaid who are adherent with colorectal cancer screening guidelines

Baseline: 2014 BRFSS

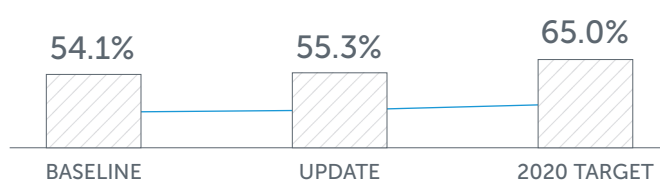
Update: 2016 BRFSS



Hispanic/Latino men and women ages 50-75 who live in rural or frontier counties who are adherent with colorectal cancer screening guidelines

Baseline: 2014 BRFSS

Update: 2016 BRFSS



DIRECTION
OF TREND:



2018 COLORECTAL CANCER TASK FORCE MEMBERS

- American Cancer Society
- Centura Health
- Colon Cancer Alliance
- Colorado Colon and Rectal Specialists
- Colorado Cancer Screening Program
- Colorado Community Health Network
- Colorado Department of Public Health and Environment
- Denver Health and Medical Center
- Exact Sciences
- Fight CRC
- Gastroenterology of the Rockies
- Lutheran (SCL Health)
- Penrose Cancer Center
- Sarah Cannon | HealthONE
- Sky Ridge Medical Center
- Summit Community Care Clinic
- University of Colorado Cancer Center
- 9Health Fairs
- Patient advocates

FAMILY HISTORY AND INHERITED CANCERS TASK FORCE

The mission of the Family History Task Force is to increase and improve the use of family history to improve cancer outcomes. This Task Force is joining forces with the Breast and Ovarian Task Forces in 2019.

2018 HIGHLIGHTS

The Family History Task Force continues to work closely with the Public Health Cancer Genomics Program which is funded by the CDC and housed at the Colorado Department of Public Health and Environment.

In June 2018, the Family History and Inherited Cancers Task Force hosted the *Cancer Genetics: Why It Matters for Primary Care Practice* workshop. The workshop provided information on how cancer genetics impacts patients across the care continuum, where to find screening tools to collect a complete family history, how to find genetic counseling and testing resources in the state, and the latest updates on the two most common hereditary cancer syndromes (Hereditary Breast and Ovarian Cancer and Lynch Syndrome). The full recording of the workshop and other resources can be found at www.coloradocancercoalition.org/task-forces/family-history/cancer-genetics-workshop. Free CE credits are available for those who watch the course.



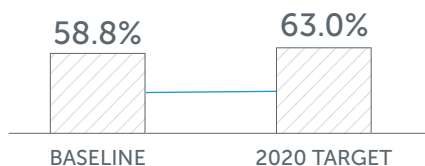
CANCER PLAN OBJECTIVES

Objective 3.1

INCREASE COLLECTION AND USE OF FAMILY HISTORY OF CANCER TO ENSURE APPROPRIATE AND RISK-BASED CANCER PREVENTION MESSAGING, SCREENING AND REFERRALS

Adults who discussed their family's history of cancer with a health care provider

Baseline: 2016 BRFSS



DIRECTION OF TREND:



ON TRACK/
TARGET MET



NO CHANGE/
NOT SIGNIFICANT



OFF TRACK

2018 FAMILY HISTORY AND GENETICS TASK FORCE MEMBERS

- Ambry Genetics
- Bright Pink
- Colorado Department of Public Health and Environment
- Colorado Central Cancer Registry
- Gastroenterology of the Rockies
- Grand Valley Oncology
- Kaiser Permanente
- Myriad Genetics

Do you know your family history? Visit the Colorado Cancer Genetics Alliance at cocancergenetics.org for more information.



HPV VACCINATION TASK FORCE

The mission of the HPV Vaccination Task Force is to improve HPV vaccination rates and lower the burden of HPV associated disease and cancer, through collaboration among diverse partners. By bringing together public health professionals, clinicians, academics, community members and others, the task force is identifying areas of overlap, gaps and opportunities to improve HPV vaccination.

* 2018 HIGHLIGHTS

In 2018, The HPV Vaccination Task Force received mini grant funding from the Colorado Cancer Fund to train task force members on motivational interviewing (MI) and provide HPV 101 trainings and MI trainings. Over six trainings have been hosted throughout the state, reaching more than 60 providers. Additionally, the task force was able to partner with community members and organizations to host six screenings of *Someone You Love: The HPV Documentary* to bring awareness about HPV, the HPV vaccine, and HPV related cancers.

Lastly, the task force has partnered with the Alliance for HPV Free Colorado to expand relationships with oral health providers and to develop appropriate trainings.

"Someone You Love: The HPV Epidemic" follows five unforgettable women whose lives have been changed forever by this deadly virus.



6 Number of state-wide trainings.

60 Number of providers receiving training.

2018 HPV VACCINATION TASK FORCE MEMBERS

- American Cancer Society
- Colorado Department of Public Health and Environment
- Denver Health
- Alliance for HPV Free Colorado
- Metro Community Provider Network
- St. Mary's Medical Center
- US Department of Health and Human Service
- Patient advocates



At least six types of cancer can be caused by HPV. Visit hpvfreeco.org for more information and talk with your provider about completing the HPV vaccination series.

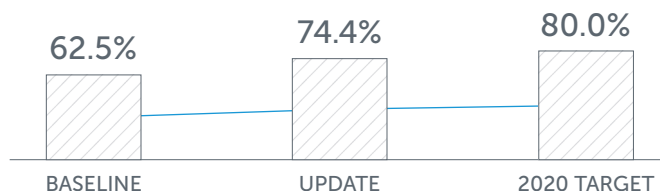
CANCER PLAN OBJECTIVES

Objective 3.2

INCREASE HPV AND HEPATITIS B VACCINE UPTAKE

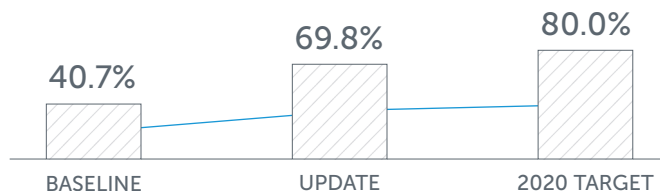
Females ages 13-17 who have received at least one dose of the HPV vaccine

Baseline: 2014 NIS-Teen
Update: 2017 NIS-Teen



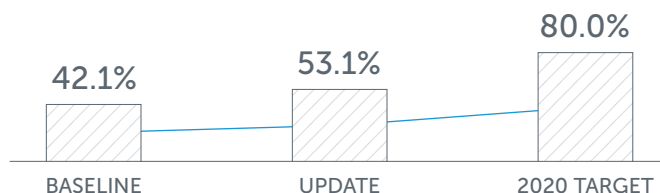
Males ages 13-17 who have received at least one dose of the HPV vaccine

Baseline: 2014 NIS-Teen
Update: 2017 NIS-Teen



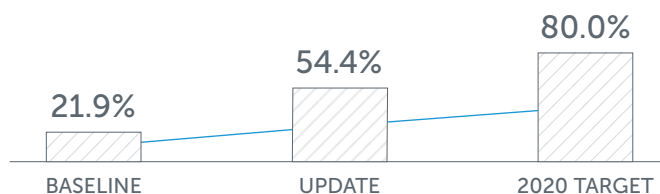
Females ages 13-17 who are up to date with their HPV vaccine

Baseline: 2014 NIS-Teen
Update: 2017 NIS-Teen



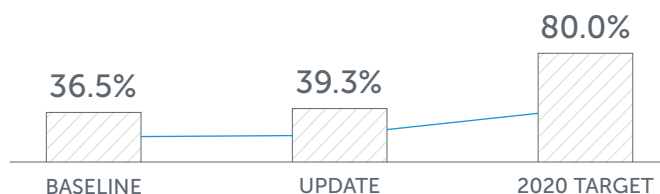
Males ages 13-17 who are up to date with their HPV vaccine

Baseline: 2014 NIS-Teen
Update: 2017 NIS-Teen



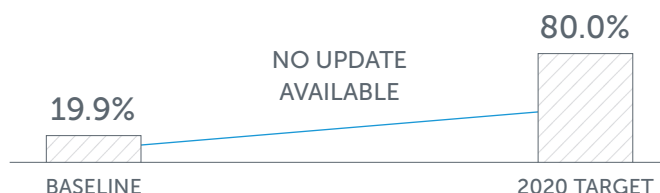
Adults ages 18-26 who have received an HPV vaccine

Baseline: 2014 BRFSS
Update: 2016 BRFSS



Adults ages 18-26 who have received three doses of the HPV vaccine

Baseline: 2014 BRFSS
Update: No update available



DIRECTION
OF TREND:



LUNG CANCER TASK FORCE

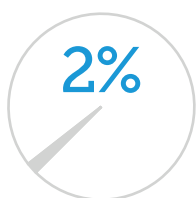
The mission of the Lung Cancer Task Force is to decrease the impact of lung cancer on public health by increasing awareness of lung cancer as the leading cause of cancer death in Colorado, encouraging prevention of lung cancer through smoking cessation and radon mitigation, promoting lung cancer screening CT and improving access to care.

* 2018 HIGHLIGHTS

The Lung Cancer Task Force received a scholarship from CIVHC (Center for Improving Value in Health Care) to complete an environmental scan evaluating the utilization of Lung Cancer Screening CT in Colorado and to identify underserved areas for lung cancer screening in the state. The environment scan showed that while utilization of lung cancer screening services are increasing, they remain low, particularly in areas with highest smoking rates and highest lung cancer incidence. Overall, only about 2 percent of eligible patients are getting screened. The task force will be using this information to help inform creative ideas and novel solutions to increase access to lung cancer screening, especially in underserved areas.



It can be hard to keep up with the new and changing forms of tobacco. For updates, resources, and information on how to quit, visit tobaccofreeco.org.



of eligible patients are getting screened.

CANCER PLAN OBJECTIVES

Objective 5.1

INCREASE HIGH-QUALITY, GUIDELINES-ADHERENT, CANCER SCREENING RATES AMONG AVERAGE RISK INDIVIDUALS

Men and women with appropriate smoking history risk (as determined by USPSTF guidelines) who are adherent with lung cancer screening guidelines

Baseline: Colorado's cancer community is continuing to explore data sources to identify baseline and target measures.

2018 LUNG CANCER TASK FORCE MEMBERS

- American Cancer Society
- American Lung Association
- AstraZeneca
- Boulder Public Health Department
- Catch It In Time
- Colorado Cancer Screening Program
- Centura Health
- Colorado Department of Public Health and Environment
- Diversified Radiology
- emPOWERED Decisions
- Genentech
- Lutheran Medical Center
- National Jewish Health
- Pfizer
- Radiology Imaging Associates
- Saint Joseph Hospital
- Swedish Medical Center
- Walgreens



PATIENT NAVIGATION TASK FORCE

The mission of the Patient Navigation Task Force (PNTF) is to Increase availability of Patient Navigation and Community Health Worker services across the cancer continuum of care in Colorado.

❁ 2018 HIGHLIGHTS

In 2018, the Patient Navigation TF joined forces with the Academy of Oncology Nurse & Patient Navigators (AONN) to form an official Colorado Chapter. Through this partnership, the PNTF held two Navigator Night Out events, providing a free opportunity for navigators to come together to learn about a specific oncology topic and network with each other. The Navigator Night Out events were well attended with waiting lists for each one and additional events will be scheduled for 2019. The PNTF also hosted educational presentations during task force meetings. Topics included financial navigation, Project Angel Heart, a survivor panel, oncofertility, and Hep-C testing/liver cancer prevention. Lastly, in an effort to help connect navigators from around the state, the PNTF has launched a Facebook group called *Colorado Cancer Coalition Navigator Network*. The intention for this group is to share resources, educational events, and learn from each other.



CANCER PLAN GOALS

Goal 5

INCREASED HIGH-QUALITY CANCER SCREENING AND EARLY DETECTION RATES

Goal 6

CONSISTENT ACCESS TO, AND APPLICATION OF, QUALITY DIAGNOSTIC AND TREATMENT SERVICES ADHERENT WITH NATIONALLY RECOGNIZED STANDARDS

Goal 11

INCREASED PATIENT ENGAGEMENT AND HEALTH LITERACY

Looking for patient resources? Visit the CCC Resource Directory at www.coloradocancercoalition.org/ccc-resource-directory.

2018 PATIENT NAVIGATION TASK FORCE MEMBERS

- American Cancer Society
- Centura Health
- Colorado Department of Public Health and Environment
- Denver Health
- HealthONE
- Patient Navigation Training Collaborative
- Patient Navigator, Colorado Community Health Worker & Promotor de Salud Alliance
- SCL Health
- St. Anthony Hospital
- UCHHealth
- University of Colorado Hospital



SCREENING COORDINATION COMMITTEE

The Screening Coordination Committee (SCC) is a collaborative group focusing on the coordination of cancer screening efforts by synergizing the work of other Colorado Cancer Coalition Task Forces, aligning broader efforts to improve cancer screening rates and building knowledge and awareness, guided by the Colorado Cancer Plan.

* 2018 HIGHLIGHTS

In 2018, the SCC helped to support a number of projects that focused on the coordination of screening efforts. The End Cancer text message pilot campaign, in partnership with the Colorado Cancer Screening Program and a number of other organizations, clinics, and community organizations, was launched in southeast Colorado and was focused on increasing cancer screening. Texts included a series of messages around breast, cervical and colorectal cancer. The End Cancer campaign has been published in *mHealth*. The SCC has also continued to help support a partnership with Buddy Check9 and COPIC, Colorado's largest malpractice insurance provider. A sub-committee is also working on building the business case for screening and engaging with employers on creating or promoting cancer friendly policies in the workforce.



END CANCER



The End Cancer text message pilot campaign focused on increasing cancer screening. Learn more at coloradocancercoalition.org/end-cancer

CANCER PLAN OBJECTIVES

Objective 5.1

INCREASE HIGH-QUALITY, GUIDELINES-ADHERENT, CANCER SCREENING RATES AMONG AVERAGE RISK INDIVIDUALS

Objective 5.2

INCREASE HIGH-QUALITY, GUIDELINES-ADHERENT, CANCER SCREENING RATES AMONG TARGETED POPULATIONS

2018 SCREENING COORDINATION COMMITTEE MEMBERS

- Colorado Cancer Coalition Task Forces Representation
 - Colorectal
 - Lung
 - Skin
 - Family History and Inherited Cancers
 - American Cancer Society
- Colorado Business Group on Health
- Colorado Cancer Screening Program
- Colorado Department of Public Health & Environment
- Liver Health Connection
- Rocky Mountain Public Health Training Center
- University of Colorado Cancer Center



SKIN CANCER TASK FORCE

The mission of the Skin Cancer Task Force is to increase awareness about sun safety and skin cancer prevention through community outreach and educational events as well as to decrease rates of melanoma and keratinocyte carcinomas across the state of Colorado.

* 2018 HIGHLIGHTS

Members of the Task Force participated in approximately 20 events throughout the year to provide education and awareness of the dangers of skin damage and risk of skin cancer from ultraviolet rays. The events that took place across the state ranged from public community events, employee conferences, school events, and fundraisers. More than 700 individuals had their picture taken with the REVEAL cross polarized light camera to see where signs of skin damage were evident on their face. At these events, task force volunteers also conducted skin cancer checks, provided information on skin cancer prevention, distributed sunscreen, and educated participants on effective methods of sun protection.

Expanding on the success in Metro Denver, Debra Hesse, a Skin Cancer Task Force member in Grand Junction, applied for a Colorado Cancer Fund grant to buy a camera and screened over 800 people in Mesa County. She also distributed over \$9,000 in donated sunscreen and cancer information to those who stopped by to have their pictures taken.



SPF 30+









Protect the skin you're in! Use broad spectrum sunscreen with SPF 30+, seek shade during midday hours, and wear a hat, sunglasses and other clothes to protect your skin.



CANCER PLAN OBJECTIVES

Objective 2.3:

DECREASE EXPOSURE TO UV RADIATION

<p>Youth in grades 9-12 using a tanning bed</p> <p>Baseline: (2013 HKCS) Update: (2015 HKCS)</p>	<p>6.1% 4.1% 0.0%</p> <p>BASELINE UPDATE 2020 TARGET</p>	
<p>Adults 18+ who use at least one method of sun protection when outside during a sunny summer day for more than an hour</p> <p>Baseline: (2014 BRFSS)</p>	<p>70.3% NO UPDATE AVAILABLE 75.0%</p> <p>BASELINE UPDATE 2020 TARGET</p>	
<p>Children (1-14) who use at least one method of sun protection when outside for more than 15 minutes between 11am and 3pm</p> <p>Baseline: (2012 CCHS) Update: (2017 CCHS) *Note: This measure changed in 2016</p>	<p>77.8% 65.6% 82.0%</p> <p>BASELINE UPDATE 2020 TARGET</p>	
<p>Adults with at least one sunburn in the past year</p> <p>Baseline: (2014 BRFSS)</p>	<p>37.5% NO UPDATE AVAILABLE 33.0%</p> <p>BASELINE UPDATE 2020 TARGET</p>	
<p>Children (1-4) with at least one sunburn in the past year</p> <p>Baseline: (2012 CCHS) Update: (2015 CCHS) *Note: This measure changed in 2016</p>	<p>45.6% 42.1% 40.0%*</p> <p>BASELINE UPDATE 2020 TARGET</p>	
<p>DIRECTION OF TREND:  ON TRACK/TARGET MET  NO CHANGE/NOT SIGNIFICANT  OFF TRACK</p>		

2018 SKIN CANCER TASK FORCE MEMBERS

- American Cancer Society
- Behavioral Healthcare Inc.
- Clear Creek County Schools
- Colorado Department of Public Health and Environment
- Colorado Dermatology Society
- Colorado Melanoma Foundation
- Denver Botanic Gardens
- Frank Shorter Race4Kids
- Kids Running America Organization
- Klein Buendel
- Melanoma Research Foundation
- National Council on Skin Cancer Prevention
- Rocky Mountain Sunscreen
- St. Mary's Medical Center
- Town of Silverthorne, Finance and Administrative Services Department
- University of Colorado School of Medicine
- University of Colorado School of Public Health
- Veterans Affairs Hospital, Denver

SURVIVORSHIP AND PALLIATIVE CARE TASK FORCE

The mission of the Survivorship and Palliative Care Task Force is to address the needs of cancer patients, caregivers and providers who are involved in cancer care from the time of diagnosis through the end of life.

* 2018 HIGHLIGHTS

In 2018, the Survivorship and Palliative Care Task Force received mini grant funding to raise awareness of palliative care and associated services among cancer patients and caregivers in Colorado by developing and distributing plain-language written educational materials. The task force also hosted educational presentations during task force meetings on a range of topics including Palliative Care in Colorado, Implementing Survivorship Programs in Rural Colorado, Cancer Survivorship: Treatment and Beyond, Emotional Support and Coping Skills for Children of Adult Cancer Patients, and Innovations in Advance Care Planning in Colorado Practices and Communities.

Talk to your doctors and family about your health care wishes and directives now. Visit www.nhdd.org for more information.

What Everyone Needs To Know About Palliative Care



Colorado Cancer Coalition

What Is Palliative Care?

Palliative care (or supportive care) is the branch of medicine focused on the prevention and relief of suffering.

Palliative care supports your mental, physical, emotional, and spiritual needs.

Palliative care exists to **improve quality of life for you and your loved ones** after our diagnosis. It focuses on goals that are most important to you.

Getting palliative care does not mean giving up."

Palliative care exists to empower you as you learn to live with your illness. It is part of cancer survivorship.

The palliative care team consists of specially trained healthcare providers.

You do not have to give up your regular doctor to get palliative care. You can get palliative care in the hospital and/or at home.



The Difference Between Palliative Care and Hospice

- You can get curative treatment and palliative care at the same time.
- Hospice (or end-of-life care) is for people with terminal illness who are expected to live no longer than six months. Hospice is for people who are no longer looking for a cure.
- All hospice is palliative care, but not all palliative care is hospice. Hospice focuses more on the process of dying and grief.
- You can transition from palliative care to hospice if your disease gets worse.

Advance Care Planning

- Advance care planning involves **deciding what you want done in case you become unable to make decisions for yourself**.
- The palliative care team can help you work through advance care planning and the "what if?" questions that come up.
- Benefits of advance care planning include **empowerment and better understanding** of your illness.
- In case something happens to you, **having an advance care plan reduces stress, guilt, and anxiety for your loved ones**.

Who Can Get Palliative Care?

- Anyone with a serious, life-limiting disease can ask for palliative care.
- Palliative care is **not only for cancer patients**.
- People with chronic illnesses such as kidney failure, heart failure, lung disease, and dementia can also get palliative care.
- People diagnosed with any stage of cancer should be given a palliative care referral.
- Palliative care does not mean that a cure is not possible.
- If you are interested in palliative care services, talk to your doctor or healthcare provider. They will be able to refer you to the nearest palliative care team and answer any questions you may have.



CANCER PLAN OBJECTIVES

Goal 10

EXPANDED AVAILABILITY OF AND ACCESS TO PALLIATIVE AND END-OF-LIFE CARE SERVICES.

Objective 10.1

INCREASE PALLIATIVE CARE AND END-OF-LIFE SERVICES.

Strategy: Educate the public and medical community regarding the differences between palliative, hospice, and end-of-life care.

2018 SURVIVORSHIP & PALLIATIVE CARE TASK FORCE MEMBERS

- American Cancer Society
- Colorado Department of Public Health and Environment
- Colorado Ovarian Cancer Alliance
- Epic Experience
- LifeSpark Cancer Resources
- Live by Living
- MyLifeLine.org
- Project Angel Heart
- St. Joseph Hospital
- St. Mary's Medical Center
- Patient advocates

TOBACCO TAX REVENUE GRANTS PROGRAM ALIGNMENT

The Colorado Cancer Plan's objectives align with strategies of two Colorado Department of Public Health and Environment (CDPHE) grants programs funded via state tobacco tax revenues:

1) The Tobacco Education, Prevention and Cessation Grant Program is dedicated to decreasing tobacco use, initiation and exposure and increasing cessation.

2) The Cancer, Cardiovascular Disease and Chronic Pulmonary Disease (CCPD) Competitive Grants Program includes strategies that align with priorities within the Colorado Cancer Plan. The following are important partners implementing this work via CCPD funds:

- Boulder County Public Health: Public Health Radon Reduction Roadmap (PHR3)
- Colorado Health Institute: Building Breastfeeding Friendly Environments Across Colorado
- Denver Department of Public Health and Environment: Building Food Systems and Neighborhood Environments to Increase Equitable Access to Healthy, Affordable Food
- Denver Department of Public Health and Environment: Denver Engaged and Active Communities
- Denver Health and Hospital Authority: Healthy Beverage Partnership 2.0
- Denver Health & Hospital Authority: Alliance for HPV Free Colorado
- Larimer County Health and Environment: Larimer County Built Environment
- Tri-County Health Department: Achieving Equitable Access through Government Settings and Workplaces
- Pueblo City-County Health Department: Healthy Eating Pueblo County
- UCD School of Public Health Latino Research & Policy Center: At its Roots-Improving HPV Vaccination Disparities among Underserved Women
- University of Colorado Cancer Center: Colorado Cancer Screening Program



More information about these funds can be found at www.colorado.gov/cdphe/a35-funding

JOIN US SPONSORSHIPS



Annual Symposium



Survivor Day Activities



Educational Opportunities

More information can be found at www.coloradocancercoalition.org/sponsor-the-ccc

THANK YOU TO OUR 2018 SUPPORTERS!



Denver Health

Metro Denver
Oncology
Nursing Society

Colorado
Cancer Caucus

Rocky Mountain
Oncology
Society

Epi proColon



PRIMARY CARE EXPERTISE NEEDED

Do you work in a primary care office? We need you and your expertise. We often have ideas and initiatives that focus on working with primary care offices and reaching their patients. Consider joining our Steering Committee or the Screening Coordination Committee to provide your feedback as it relates to reaching patients at primary care offices.



SURVIVOR AND CAREGIVER INPUT NEEDED

Are you a cancer survivor or caregiver? We need you and your guidance. As CCC develops programs and initiatives for survivors and caregivers, your input is invaluable. Consider joining a Task Force or our Survivor and Caregiver Advisory Board. Most requests can be completed via email or phone.

If you are interested in our Survivor and Caregiver Advisory Board, please fill out this brief form:

www.coloradocancercoalition.org/survivorcaregiver-advisory-board



PARTNERSHIPS

Not on our list? Want to get involved? Consider joining a Task Force or attending the next Quarterly Meeting to see what the CCC is all about.



SPEAKER'S BUREAU

Need a local cancer expert for your next event or support group meeting? Check out the CCC Speaker's Bureau.

Do you have expertise in a particular cancer topic? Fill out the Become a Speaker form to share your expertise with the Coalition and our partners.

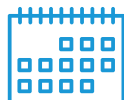
www.coloradocancercoalition.org/speakers-bureau



RESOURCE DIRECTORY

Add or update your resources.

www.coloradocancercoalition.org/resource-directory



EVENTS CALENDAR

Add your events and support groups to our community calendar.

www.coloradocancercoalition.org/event-calendar

www.coloradocancercoalition.org



Thank you to the individuals, survivors, and caregivers who participate in the Colorado Cancer Coalition.